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09/13

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Guinness World Records 2014

Guinness World Records



Awesome and then some! The planet's biggest-selling copyright book is back, and trust us: it's Officially Amazing! Work up a sweat on the world's largest rideable bicycle. Keep your distance from the deadliest spiders, snakes and scorpions. Batman, Spider-Man or Iron Man - who is the highest-grossing superhero ever? Celebrate 20 years of "The Simpsons", the longest-running animated sitcom. Find out which dinosaurs were the largest creatures to walk the Earth. Pump iron with the most macho men and the greatest wonder women.

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Instore date: 18/09/13

Guinness • H/B • Encyclopedias and Reference Works



9781908843159 \$42.99



Blue Ducks, The*

Robertson, Darren and LaBrooy, Mark



Darren Robertson and Mark LaBrooy are the faces of a new, grassroots approach to cooking – delicious food based on an ethos of community, sustainability and growing-it-local. Professional chefs, mad surfers, keen gardeners and foragers, Darren and Mark live by this philosophy in everything they do – when cooking in their café, Three Blue Ducks, and in their garden. In their first book, Mark and Darren share more than 80 of their most enticing recipes, using eggs direct from their 'Chook Mahal', honey from their bees, local meat and seafood, and loads of herbs and veggies grown in the garden. Enjoy mouth-watering Sticky Pork Ribs, Barbecued Calamari, Spiced Chicken in a Brown Paper Bag, Home-Toasted Muesli and Salted Caramel Banana Muffins.

Plum • P/B • Cookery, Food & Drink

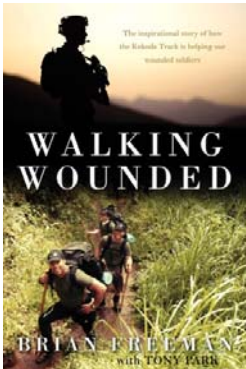


9781742612713 \$39.99



Walking Wounded*

Freeman, Brian



Brian Freeman had a belief that walking the track could have a special benefit for wounded Australian servicemen and the families of those killed in Afghanistan or Iraq.

In 2012, he proved his theory right by organising two treks that produced some extraordinary results for those who took part - from the former commando who lost both legs in Afghanistan to the father who lost his son there. 'Walking Wounded' is the inspiring accounts of the men and women on those treks. It's also a deep insight into their service, the actions that saw them wounded and the slow process of recovery and rehabilitation that rarely features in our news stories.

Macmillan Australia • TPB • True War & Combat Stories

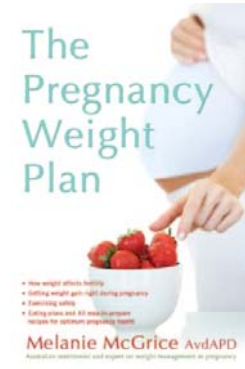


9781742612966 \$32.99



Pregnancy Weight Plan, The

McGrice, Melanie



From leading Australian nutritionist and weight management expert Melanie McGrice, 'The Pregnancy Weight Plan' provides a wealth of information specific to women trying to conceive or already pregnant. Seventy-four per cent of women gain more weight than the Institute of Medicine guidelines suggest is healthy, putting themselves and their babies at risk. From detailed analysis of the weight-related causes of infertility, to tips and tricks for how to optimise your chances for conception, this book provides in-depth scientifically proven methods to boost fertility and expert advice on how to gain the right amount of weight safely. Included are customised weight management plans for before, during and after pregnancy to maximise the health of mothers and babies.

*August release

Macmillan Australia • TPB • Fitness & Diet

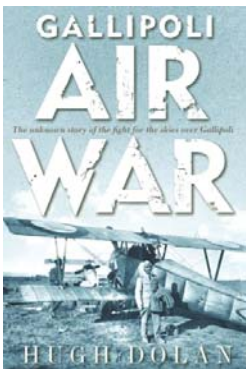


9781742613024 \$29.99



Gallipoli Air War*

Dolan, Hugh



From the author of '36 Days' comes the dramatic and almost unknown account of the war fought high above the Gallipoli peninsula, as the fragile biplanes of the Royal Flying Corps and the sea planes of the Royal Navy battled both the elements and the Turkish Air Force (supplied and manned by their German allies).

Whether flying reconnaissance missions, acting as artillery observers for the guns of the Royal Navy or bombing Turkish targets, the men who manned these frail machines had a remarkable impact on the campaign that until now has never been properly brought to light. Using meticulous research and the diaries and accounts of the combatants, this is a fascinating new front in the well-known Gallipoli story.

Macmillan Australia • TPB • True War & Combat Stories



9781742611099 \$32.99



Understanding Alzheimer's*

Martins, Prof Ralph and Ragg, Mark



There are over 321,600 Australians living with dementia, with the most common type of dementia being Alzheimer's. Each week, there are 1,700 new cases of dementia in Australia; approximately one person every 6 minutes. This timely book is a practical and compassionate guide to understanding and living with a condition that affects one in four people over 85. The lead author is Professor Ralph Martins, AO, one of the country's most respected researchers. The book is aimed at those in the early stages of the disease, as well as the families, friends and professionals who take on the care of Alzheimer sufferers. There are chapters on diagnosis, research, prevention, treatment, legal issues, impact on loved ones and decision making to do with caring for patients.

Macmillan Australia • TPB • Health & Personal Development

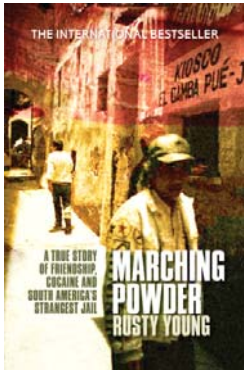


9781742611983 \$29.99



Marching Powder*

Young, Rusty



Rusty Young was backpacking in South America when he heard about Thomas McFadden, a convicted English drug trafficker who ran tours inside Bolivia's notorious San Pedro prison. Intrigued, the twenty-something Australian law graduate travelled to La Paz and joined one of Thomas' illegal tours.

What followed took both men by surprise: they formed a strong and instant friendship and then became partners in an attempt to record Thomas' experiences in the jail. Rusty bribed the guards to allow him to stay and for the next three months he lived inside the prison, penning the story of San Pedro, one of the strangest places on earth where horror is leavened by humour and where cruelty lives side by side with compassion.

Pan Australia • P/B (B) • Biography: General



9781742613437 \$19.99



Hallucinations

Sacks, Oliver



Hallucinations don't belong wholly to the insane. Much more commonly, they are linked to sensory deprivation, intoxication, illness, or injury. In some conditions, hallucinations can lead to religious epiphanies or even the feeling of leaving one's own body. Humans have always sought such life-changing visions, and for thousands of years have used hallucinogenic compounds to achieve them.

In this book, with his usual elegance, curiosity and compassion, Dr Sacks weaves together stories of his patients and of his own mind-altering experiences to illuminate what hallucinations tell us about the organization and structure of our brains, how they have influenced every culture's folklore and art, and why the potential for hallucination is present in us all, a vital part of the human condition.

Picador • P/B (B) • Popular Science

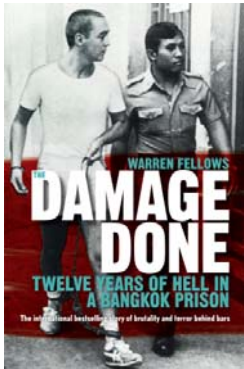


9781447208266 \$22.99



Damage Done, The*

Fellows, Warren



In 1978 Warren Fellows, Paul Hayward and William Sinclair were convicted of heroin trafficking between Thailand and Australia. They were sentenced to life imprisonment in Bangkok's notorious Bang Kwang men's prison, the Bangkok Hilton.

It was the beginning of twelve years of hell for Warren Fellows. He has never spoken of those years to anyone. Until now.

'The Damage Done' takes you behind the bars of a Bangkok prison. A place where sewer rats and cockroaches are the only nutritious food, where autocratic prison guards giggle as they deliver pulverising blows and where the worst punishment by far is the khun deo - solitary confinement, Thai style.

Pan Australia • P/B (B) • Biography: General

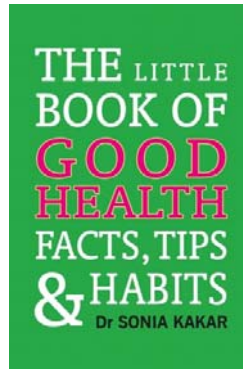


9781742613444 \$19.99



Little Book of Good Health, The

Kakar, Dr. Sonia



True health is as much a matter of mind as it is a matter of body. It is about total wellness. The author has meticulously sifted through thousands of international studies on all aspects of health and medicine, both modern and alternative, and wellness philosophies and reduced them to 181 short, crisp, fact-based and helpful explanations you can incorporate in your daily routine.

Exisle • P/B • Health & Personal Development

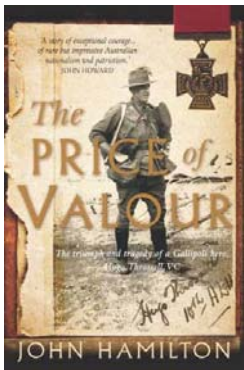


9781921966361 \$19.99



Price of Valour, The*

Hamilton, John



When Hugo Throssell joined the Light Horse during the First World War, he symbolised the Australian nation at that time: full of youth, vigour, courage and idealism. And when he killed himself in 1933, he remained as emblematic to his country as he'd been in those heady days of 1914 - his youth and future forever darkened by the triumph and tragedy of war.

John Hamilton, bestselling author of 'Goodbye Cobber, God Bless You' and 'Gallipoli Sniper', has written an extraordinary account of Throssell's life: winner of the Victoria Cross, due to his bravery on Gallipoli; husband to novelist and committed socialist Katharine Susannah Pritchard; and fallen hero, thanks to his public denunciation of the war.

Pan Australia • P/B (B) • True War & Combat Stories

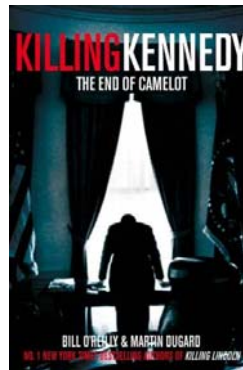


9781742613369 \$19.99



Killing Kennedy

O'Reilly, Bill and Dugard, Martin



More than a million readers have thrilled to Bill O'Reilly's 'Killing Lincoln', the page-turning work of nonfiction about the shocking assassination that changed the course of American history. Now the anchor of "The O'Reilly Factor" recounts in gripping detail the brutal murder of John Fitzgerald Kennedy.

In January 1961, as the Cold War escalates, John F. Kennedy struggles to contain the growth of Communism while he learns the hardships, solitude, and temptations of what it means to be president of the United States. Along the way he acquires a number of formidable enemies, among them Soviet leader Nikita Khrushchev, Cuban dictator Fidel Castro, and Alan Dulles, director of the Central Intelligence Agency.

Pan • P/B (B) • Biography: General

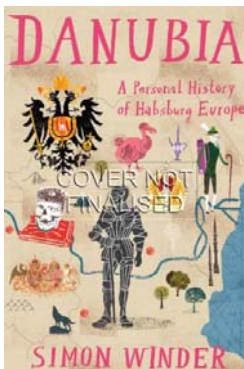


9781447236795 \$19.99



Danubia

Winder, Simon



For centuries much of Europe was in the hands of the very peculiar Habsburg family. An unstable mixture of wizards, obsessives, melancholics, bores, musicians and warriors, they saw off - through luck, guile and sheer mulishness - any number of rivals, until finally packing up in 1918. From their principal lairs along the Danube they ruled most of Central Europe and Germany and interfered everywhere - indeed the history of Europe hardly makes sense without them. Simon Winder's extremely funny new book plunges the reader into a maelstrom of alchemy, skeletons, jewels, bear-moats, unfortunate marriages and a guinea-pig village.

Picador • TPB • History

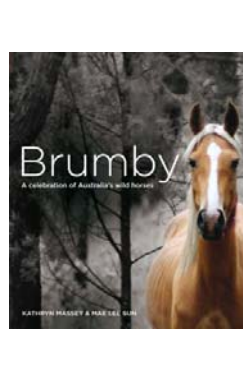


9781447229773 \$29.99



Brumby

Massey, Kathryn and Sun, Mae Lee



Bringing together breathtaking photographs of Brumbies in the wild as well as often thought-provoking and entertaining stories from people privileged enough to have encountered or worked with them personally, 'Brumby' celebrates the beauty, strength and indomitable spirit of these amazing animals.

Exisle • H/B • Gift Books

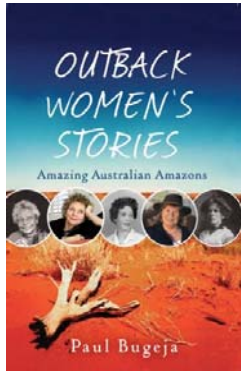


9781921966224 \$45.00



Outback Women's Stories (2nd edition)

Bugeja, Paul



'Outback Women's Stories' is a compilation of significant Australian women of simple but important character traits - strength, fortitude and courage.

Australia has grown from penal colony to modern nation and important player on the global stage. During this time there have been many women who have courageously taken on the multifarious and sometimes death-defying challenges the Aussie outback has thrown at them. These women have faced their trials admirably, with rarely a word of complaint, and continue to do so to this day - they are our "Aussie Amazons".

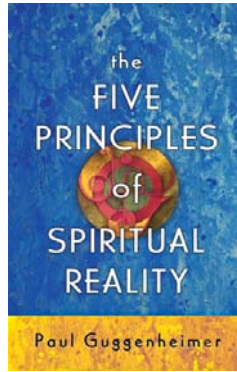
Brolga • P/B (B) • Australian History



9781922175175 \$24.99

Five Principles of Spiritual Reality, The

Guggenheimer, Paul



'The Five Principles of Spiritual Reality' is a deeply profound and original work about the fundamental questions that have nagged humankind since the beginning of time: "Who am I?" and "Why am I here?"

Paul Guggenheimer invites us to look within and recognise all that we truly are; to acknowledge our link to divinity and allow our true selves to shine through.

A fascinating and immensely readable book, 'The Five Principles of Spiritual Reality' will change people's lives.

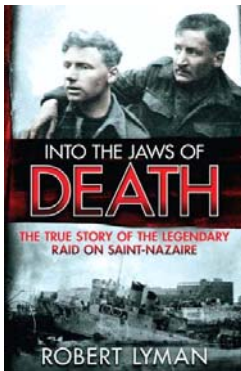
Brolga • P/B (B) • Mind, Body, Spirit



9781922175137 \$19.99

Into the Jaws of Death

Lyman, Robert



On the night of 28 March 1942 the Royal Navy and British commandos assaulted the German-held French Atlantic port of Saint-Nazaire in one of the most audacious raids of the Second World War. Their plan was simple: to drive an old destroyer packed with three tons of explosive at full speed into the outer gate of the Normandie dock. Destroying this would deny the formidable Tirpitz battleship, currently lurking menacingly in the Norwegian fjords, a base from which it could inflict devastation upon the convoys supplying Britain from the United States. 'Operation Chariot' was dramatically successful, but at a great cost. Fewer than half the men who went on the mission returned. In recognition of their extraordinary bravery, eighty-nine decorations were awarded, including five Victoria Crosses.

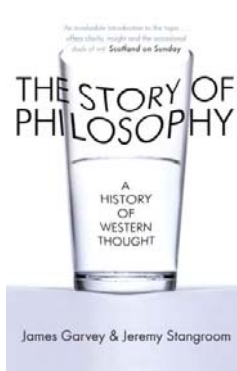
Quercus • TPB • Military History



9781782064459 \$29.99

Story of Philosophy, The

Garvey, James and Stangroom, Jeremy



'The Story of Philosophy' sees philosophy for what it is: a passionate, exhilarating quest for human understanding that cannot be reduced to dry categories or simple definitions. It's a story with plot twists, a murder, accidental discoveries, disastrous love affairs, geniuses, idiots, monks and vagabonds. At the heart of it all are the ideas and obsessions that have captured great thinkers from the very beginning.

Packed with intriguing anecdotes and fascinating detail, James Garvey and Jeremy Stangroom bring us face to face with the most important philosophers in western history. Rigorous, refreshingly free of academic jargon, and highly accessible, this is the ideal introduction for anyone who wants to gain a new perspective on philosophy's biggest thoughts.

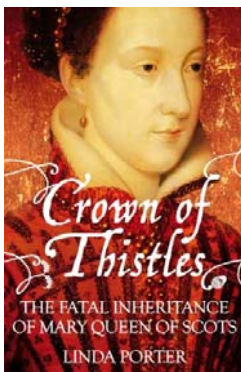
Quercus • P/B (B) • Philosophy



9781780877532 \$19.99

Crown of Thistles

Porter, Linda



Mary Queen of Scots fervently believed she had a right to the English throne - a belief that cost her her head. A vivid account of why she came to this belief from an acclaimed Tudor historian.

The struggle between the fecund Stewarts and the barren Tudors is generally seen only in terms of the relationship between Elizabeth I and her cousin, Mary Queen of Scots. But very little has been said about the background to their intense rivalry. Here, Linda Porter examines the ancient and intractable power struggle between England and Scotland, a struggle intensified during the reigns of Elizabeth and Mary's grandfathers. Henry VII aimed to provide stability when he married his daughter, Margaret, to James IV of Scotland in 1503.

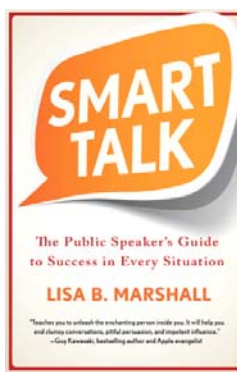
Macmillan • TPB • Biog: Royalty



9781447245919 \$34.99

Smart Talk

Marshall, Lisa B.



Have you ever lost out on a promotion? Struggled with a difficult conversation? Been put on the spot and blanked? Imagine if...

...you were better at persuading others and negotiating for what you want
...you were more fluent at introducing yourself, making conversation, and following up
...you were better at delivering feedback, receiving criticism, and using positive language
...you were perceived as more diplomatic and charismatic.

'Smart Talk' applies up-to-date communication research to everyday situations and gives smart, practical, step-by-step directions to achieve results.

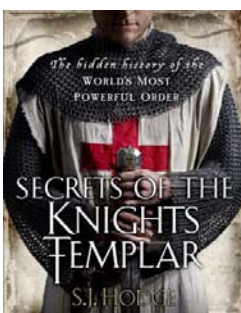
St Martin's Press • P/B (B) • Self-Help / Practical Interests



9780312597283 \$19.99

Secrets of the Knights Templar

Hodge, S. J.



The Knights Templar are one of the most secretive and powerful religious orders in history: for over two centuries they were the elite fighting force of the Crusades. Highly trained, and adhering to a strict chivalric code, their success on the battlefield brought them both wealth and political influence. But it is the legends and secrecy surrounding the order and its Grand Masters that continue to fascinate historians and general readers alike.

'Secrets of the Knights Templar' examines each of these mysteries in turn to reveal the truth about the Knights' secret practices, rituals and codes, as well as the continued influence of the Templars today.

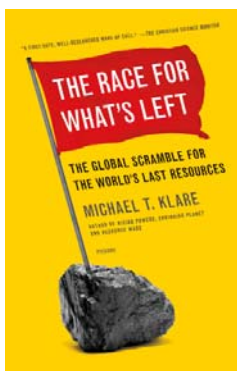
Quercus • H/B • History



9781782062714 \$39.99

Race for What's Left, The

Klare, Michael T.



The world is facing an unprecedented crisis of resource depletion - a crisis that encompasses shortages of oil and coal, copper and cobalt, water and arable land. With all of the Earth's accessible areas already being exploited, the desperate hunt for supplies has now reached the final frontiers. 'The Race for What's Left' takes us from the Arctic to war zones to deep ocean floors, from a Russian submarine planting the country's flag under the North Pole to the large-scale buying up of African farmland by Saudi Arabia and other food-scarce nations. With resource extraction growing more difficult, the environmental risks are becoming increasingly severe - and the intense search for dwindling supplies is igniting new conflicts and territorial disputes.

Picador • P/B (B) • Threats to the Environment



9781250023971 \$19.99



Mrs Keppel and her Daughter

Souhami, Diana

Alice Keppel, lover of Queen Victoria's son Edward VII and great-grandmother of Camilla Parker-Bowles, was the acceptable face of Edwardian adultery. It was her art to be the King's mistress yet to laud the Royal Family and the institution of marriage. She partnered the King for yachting at Cowes and helped him choose presents for his wife Queen Alexandra while remaining calmly married to her complaisant husband George. But for her daughter Violet, passionately in love with Vita Sackville-West, romance proved tragic and destructive.

Quercus • P/B (B) • Biography: General



9781780878805 \$24.99



Set in Stone

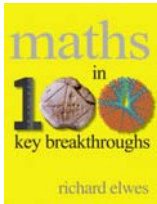
Tilton, Ian

Ian Tilton knew The Stones Roses before they were famous and shot every key moment during the band's meteoric rise to fame in the late Eighties. He photographed their first TV appearance, the Roses three famous early gigs at Blackpool Tower, Glasgow Green and Spike Island, his photos appeared on their classic first album, he was the first photographer to do a Jackson Pollock shoot with the band and Ian is the man who first got Ian Brown to pull his famous monkey face!

Omnibus Press • P/B • Photographs / Collections



9781780385396 \$29.95



Maths in 100 Key Breakthroughs

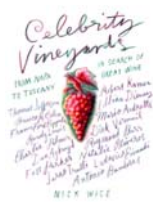
Elwes, Richard

'Maths in 100 Key Breakthroughs' presents a series of essays explaining the fundamentals of the most important maths concepts you really need to know. Richard Elwes profiles the groundbreaking and front-of-mind discoveries that have had a profound influence on our way of life and understanding. 'Maths in 100 Key Breakthroughs' tells a story of discovery, invention, painstaking progress and inspired leaps of the imagination.

Quercus • P/B • Mathematics



9781780873220 \$29.99



Celebrity Vineyards

Wise, Nick

From the hills of Napa to the mountain slopes of Tuscany, author Nick Wise went in search of great wine and famous people who are also winemakers. His astonishing trip, the wines he tasted and the incredible people he met are recounted in loving and often humorous detail in this fully illustrated new book.

Omnibus Press • P/B • Biog: Arts & Entertainment



9781780380629 \$34.95



Skinny Chicks Eat Real Food

Avanti, Christine

Diet regimens leave dieters feeling depleted, weak and craving the satisfying tastes and textures of real foods like cheese, pasta, and even butter. This is not surprising since highly processed, chemical-laden "diet" foods may actually be causing weight gain rather than weight loss while depriving the body of the quality nutrients it needs to perform at the very highest level. 'Skinny Chicks Eat Real Food' is a cutting-edge nutritional guidebook, an easy-to-follow diet, and a whole foods cookbook all in one.

Rodale • TPB • Fitness & Diet



9781609619930 \$19.99



Beatles Illustrated Lyrics, The

Aldridge, Alan (ed)

'The Beatles Illustrated Lyrics' is the only major collection of illustrated Beatles lyrics available. Originally published in 1969, this book has become a symbol of an era, a must-have for Beatles fans and a brilliant tribute to the band that changed a generation. Quotes from John, Paul, George and Ringo provide candid, witty, insightful commentary on the songs and their origins. Clarification of controversial lyrics is offered by the only true authorities, the Beatles themselves.

Omnibus Press • H/B • Music



9781780385334 \$79.99



Getting Past Your Past

Shapiro, Francine

A totally accessible user's guide from the creator of a scientifically proven form of psychotherapy that has successfully treated millions of people worldwide. Whether we've experienced small setbacks or major traumas, we are all influenced by memories and experiences we may not remember or don't fully understand. 'Getting Past Your Past' offers practical procedures that demystify the human condition and empower readers looking to achieve real change.

Rodale • P/B (B) • Self-Help / Practical Interests



9781609619954 \$19.99



It's Easy To Play James Bond

It's Easy To Play James Bond

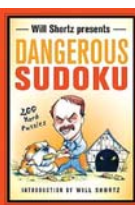
Music Sales

Songs include:
• The James Bond Theme
• Goldfinger
• Diamonds Are Forever
• Live and Let Die
• Tomorrow Never Dies
• The World Is Not Enough
• Skyfall

Music Sales • P/B • Music Scores, Lyrics, Libretti



9781783051090 \$14.99



Will Shortz Presents Dangerous Sudoku

Shortz, Will

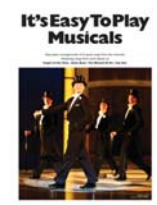
Only the bravest sudoku solvers should take on this collection of all-new deviously difficult puzzles. This is the perfect collection to put your solving skills to the test!

Features:
• 200 hard puzzles
• Big grids for easy solving
• Introduction by "New York Times" crossword editor Will Shortz

St Martin's Press • P/B (B) • Puzzles, Games, Trivia



9781250025272 \$12.99



It's Easy To Play Musicals

It's Easy To Play Musicals

Music Sales

This brand new compilation of all-time hits from the musicals has been specially arranged for easy piano. Inside you'll find a baker's dozen of memorable songs ranging from 'Let's Face The Music And Dance' from 'Top Hat', to 'Til I Hear You Sing' from 'Love Never Dies'.

Music Sales • P/B • Music Scores, Lyrics, Libretti



9781783051106 \$14.99



Life of Blur, The

Power, Martin

Blur defined the term 'Britpop', providing a soundtrack for the Nineties Cool Britannia movement. 'The Life of Blur' explores the history and debunks the myths around the band formerly known as Seymour: from their art school origins at London's Goldsmith College to the multi-million selling success of Modern Life Is Rubbish, Parklife and The Great Escape.

Omnibus Press • TPB • Biog: Arts & Entertainment



9781780386973 \$29.95



Elvis 1956

Wertheimer, Alfred

1956 was the year Elvis released his first record, made his first television appearance and started his movie career. It was the year he became a star.

Taken during the year Elvis turned 21, Alfred Wertheimer's photographs are a remarkable visual record of a defining time for rock 'n' roll's most enduring figure.

Omnibus Press • H/B • Individual Photographers



9781783050482 \$39.95



Wilco: Sunken Treasure

Grierson, Tim

Grammy Award winning Wilco rose from the ashes of one of the most respected alt-country groups of the 1990s, Uncle Tupelo, to emerge as a celebrated (and far more popular) act in their own right. Led by frontman Jeff Tweedy, Wilco have evolved from a country-rock band into an eclectic indie-rock collective that touches on many eras and genres in their music: '70s rock, country, Beach Boys-style pop, noise-rock and folk. As a result, no two Wilco albums sound the same.

Omnibus Press • H/B • Biog: Arts & Entertainment



9781780385488 \$29.95

